## **CELIAC DISEASE MONTH**



## **NOT JUST BREAD ...**

CELIAC DISEASE IS A VERY
COMMON DISTURBANCE CAUSED
BY INTOLERANCE TO GLUTEN
GLUTEN IS A PROTEIN COMPLEX
CONTAINED IN FOODS LIKE
BREAD, PASTA, BISCUITS, ETC.

## HAVE THE CHECK-UP OFFERED BY YOUR C.D.C. TO SEE WHETHER YOUR INTESTINAL PROBLEMS ARE CAUSED BY CELIAC DISEASE

Anti-tissue Transglutaminase Antibodies IgA - tTG
Antiendomysial Antibody IgA
Immunoglobulin IgA
Blood count and Serum Iron

IF THE RESULTS ARE OUTSIDE THE ACCEPTABLE RANGE, CONTACT YOUR GP TO ARRANGE A GASTROENTEROLOGY TEST