## General check-up month



A busy lifestyle and the constant stress of everyday life take their toll on your body.

This makes it important to have regular check-ups to prevent problems from occurring or to identify them in the early stages. All it takes is a few blood tests to obtain important information on how your body is working.

## Take the check-up proposed by CDC

- Blood Count
- Blood Sugar
- Creatinine
- ALT
- AST
- Gamma GT

- Triglycerides
- AlkalinePhosphates
- Serum PE
- Iron
- PT
- Total Cholesterol
  FSR
- HDL Cholesterol

If the results are outside the acceptable range, contact your GP



