



C.D.C.



IN AUGUST ... ALL-ROUND PREVENTION!

For August only, C.D.C. offers you the chance to take advantage of one of the prevention campaigns offered in previous months.

Choose **one of the eight prevention campaigns** because regular health check-ups are the best way to prevent disease



Keep an eye on your Pancreas!

The pancreas is a large, elongated gland connected to the digestive system. It performs essential functions in support of our digestion and the regulation of our blood sugar. Just two tests are all it takes to see how healthy your pancreas is.

€10 CDC166



Good or Bad?

Cholesterol is a very important fat for our body but can become harmful if there is too much of it in the blood. High cholesterol has no symptoms but can cause heart attack.

€12 CDC117



Iron out the rough spots!

Feeling tired, weak, breathless, faint, thirsty? Anaemia is the most common blood deficiency, affecting almost one billion people in the world

€34 CDC133



The importance of filters

Many kidney diseases are silent killers and they damage the kidneys without presenting symptom, sometimes working away quietly for years and becoming evident only when it's too late. If, however, diagnosed early enough, treatment can be effective, slowing the progress of the disease and probably curing it.

€21 CDC116

Hyper or Hypo?



The thyroid is a small gland (about 5/8 cm), shaped like a butterfly, towards the front of the neck. The activity of this gland influences the successful function of almost all the organs in our body and is responsible for regulating metabolic processes and growth. In the event of malfunction, the most frequent problems include changes in weight, sense of weakness and fatigue, irritability, dry skin and intolerance of hot and cold temperatures **€22** CDC135

Just a pinch of salt!



It is essential to maintain a correct balance between fluids and salts in the body, especially in summer, when hot weather and increased perspiration cause greater loss of fluids. Altered electrolytes can cause various pathologies so it is important to keep an eye on them.

€10 CDC136

Keep your liver fighting fit!



The liver is the biggest gland in the human body. It is connected to the digestive system and performs numerous functions helpful not only to the digestion of food but also to the body's defence and the elimination of toxic substances. A healthy liver is essential to the wellbeing of the whole body.

€16 CDC150

We have your health at heart



A busy lifestyle and the constant stress of everyday life take their toll on your body.

This makes it important to have regular check-ups to prevent problems from occurring or to identify them in the early stages. All it takes is a few blood tests to obtain important information on how your body is working.

30€ CDC168

CHECK-UPS AVAILABLE AT ALL CSC CENTRES, NO APPOINTMENT, NO LETTER FROM YOUR DOCTOR. TESTS TO BE CARRIED OUT ON AN EMPTY STOMACH.

FROM MONDAY TO SATURDAY FROM 7.30 TO 9.30 A.M.