

## *Theme of the month: The Thyroid*

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# HYPER OR HYPO?



The **thyroid** is a little butterfly-shaped gland located at the front of the neck and it shouldn't be underestimated because it regulates important bodily functions.

The most frequent problems that occur when the thyroid gland does not work properly are: **altered heart rate, weakness and fatigue, irritability, weight problems, inability to concentrate, dry skin and intolerance of hot and cold temperatures.**

### **Have the CDC Thyroid Check-up**

No appointment needed, no letter from your doctor, just pop in to the clinic - on an empty stomach, any day from 7.30 to 9.30 a.m.

- TSH
- FT3
- FT4

**PROMOTIONAL PRICE  
DURING THYROID MONTH**

€ **24**

*If the results are outside the acceptable range, contact your GP*