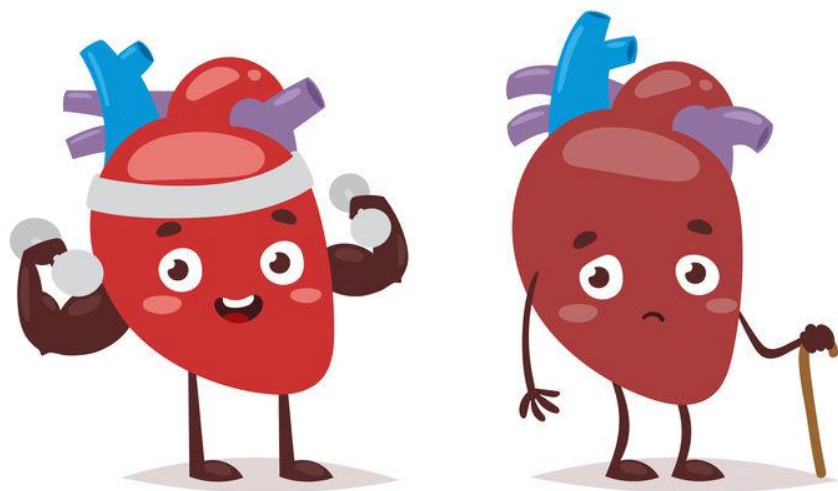


## Theme of the month: Cardiovascular disease



We have your  
health at **heart**

**Cardiovascular diseases** are pathologies which, if not contrasted, can put your health at severe risk.

They are caused by the abuse of cigarettes and alcohol, by diabetes, a sedentary lifestyle and a diet which pays little attention to the body's real needs and to avoiding excess.

The main **forms of prevention** include the adoption of an adequate lifestyle and **regular check-ups**.

### Have the CDC Check-up

No appointment needed, no letter from your doctor, just pop in to the clinic - on an empty stomach, any day from 7.30 to 9.30 a.m.

- Blood Tests
- Glycaemia
- Creatinine Total
- Cholesterol
- Cholesterol HDL
- Triglycerides
- Uric Acid
- Sodium
- Potassium
- ECG Blood Pressure Test
- 

PRICE FOR THE  
MONTH OF MAY

€36

*If the results are outside the acceptable range, contact*

CDC 175