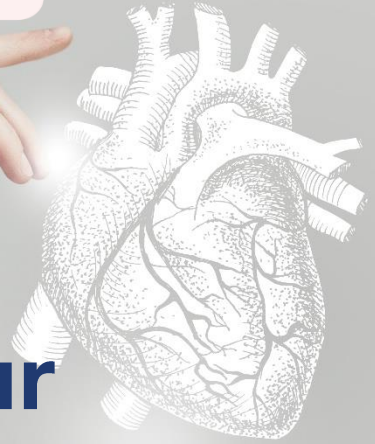


Monthly Laboratory Theme **Cardiovascular Diseases**

Cardiovascular Diseases



Heart disease can seriously affect our health, but it can be prevented. Avoiding unhealthy habits such as smoking and adopting a healthy lifestyle that includes an appropriate diet and moderate physical activity can help maintain a healthier heart. Above all, checking your blood pressure, having an ECG and blood tests regularly can help ensure your heart stays healthy.

Check your Heart with the CDC|Gruppo Affidea Check-up
By appointment, with no letter from your doctor.

- **Blood Count**
- **Blood Sugar**
- **Creatinine**
- **Total Cholesterol**
- **HDL Cholesterol**
- **Triglycerides**
- **Sodium**
- **Potassium**
- **ECG**
- **Blood Pressure**

THE MONTH OF APRIL

€ 50

Code CDC135

If the results are outside the acceptable range, contact your GP

Laboratory Technical Manager Dr. Rosanna Valinotto. Biologist specialised in General Pathology